



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

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Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

09/12/21

Press Release – for immediate release

Worthing Theatres and Museum is proud to host this joyous and empowering story of three generations of Nigerian women, from Utopia Theatre: a leading voice for African Theatre in the UK.

Meet Agbeke, Omotola and Aramide; African women connecting with each other over two continents, across time and space. Their history is spread between Nigeria and the UK, from the 60s to the present. Together they share their struggles, their joys, tragedies and broken dreams in order to find healing in the present. Experience it in an intimate setting at the Connaught Studio in Worthing, this coming February.

Here's What She Said To Me is 'Beautifully brought to life' (What'sOnStage) by three actors who between them play over 35 characters. Their performances are infused with the tradition of storytelling, and capitalise on the idea of passing memories and experiences between family members, over many years.

The show combines drama with music and poetry, and literal materials which are choreographed to express migration and the very real movement of families across continents, as well as shifting identities. These are also used to illustrate moments of drama where dialogue just isn't enough; *'Beautifully directed by Mojisola Elufowoju, music and movement become metabolised within the story'* (The Guardian). Through these moments, undying hope, optimism and resilience remains.

Utopia Theatre is a leading voice for African Theatre in the UK, and is the only company in the north of England making this type of work. The company was founded in 2012 by Mojisola Elufowoju, FRSA and has built its identity on being a proud and prominent voice for African Theatre. Elufowoju and the company as a whole is dedicated to demonstrating the rich cultural heritage of Africa's theatre canon, and in doing so, dispel stereotypes and encourage authentic voices from the Diaspora.

The vision for the company is representation in theatre. For Mojisola, this is a commitment to seeing herself and others like her on stage. Indeed, she speaks of the characters in this production and that by experiencing their personal stories - their highs and lows - that we, the audience, can feel empowered through them. Women can see themselves in the narrative and learn to navigate their own issues; men can relate to their friends, mothers, daughters and partners through the lives shown on stage. It's thrilling for



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Worthing Theatres to support this perspective and further the company's mission.

The show contains themes which could trigger audiences, but these are certainly not the main take-away from watching it. Any challenging topics are dealt with subtly and from a position of experience and respect. The production contains sexual references, implications of physical and sexual abuse, and references to childbirth. Full warnings are available on request.

Here's What She Said To Me is being performed at the Connaught Studio on Thursday 10 February, 7:30pm. Tickets are available from £13.50. For more information on this or any of the events, visit www.wtam.uk or call the WTM Box Office on 01903 206 206.

'Extraordinary energy' - British Theatre Guide

'A vibrant and engaging story' - The Sheffield Telegraph

'Contains multitudes within its seeming simplicity' - The Guardian

'A masterclass in acting from three incredible storytellers' - The Rotherham Advertiser

'Here's What She Said To Me' is a highly-memorable production which pushes the boundaries of conventional theatre and storytelling' - forgetoday.com

<ENDS>



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NOTES TO EDITORS

WTM

Twitter, Facebook, Instagram: @wtmworthing

Website: wtam.uk

Box Office Phone: 01903 206 206

Utopia Theatre Company Limited

Twitter, Instagram: @Utopia_Theatre, Facebook: @utopiatheatrelimited

Website: utopiatheatre.co.uk

Interview with Director, Mojisola Elufowoju: youtu.be/fAPDQ_BCTV0

EVENT LISTING

Here's What She Said To Me

Date: Thursday 10 February 2022

Time: 7:30pm

Venue: Connaught Studio, Union Pl, Worthing BN11 1LG

Tickets: From £13.50

Link: wtm.uk/events/heres-what-she-said-to-me/

For press enquiries please contact:

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IMAGE DOWNLOADS

[WTM Venues](#)

[Here's What She Said To Me](#)
