



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

Connaught Theatre | Union Place | Worthing | W.Sx BN11 1LG

Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

14/01/22

Press Release – for immediate release

Star of SAS: *Who Dares Wins*, Jason Fox shares his distinguished career and gives audiences a taste of living life at the very limits, in this live talk in Worthing.

From gunfights, hostage rescues, daring escapes and heroic endeavours that defined Fox's time as an elite operator in the UK Special Forces, to the personal battle that awaited him at home; *Life at The Limit* explores bravery in its many forms. Hear Fox's remarkable true stories on stage at the Assembly Hall on Sunday 27 February 2022, at 7:30pm.

This searing life account draws on iconic moments in Fox's career; he's a world record-breaking rower and adventurer who has embarked on expeditions across Alaska, the North Pole and most recently, the River Yukon. Indeed, he's come face to face with notorious killers, drug cartels, Mexican warlords and hitmen! Even so, this talk also reflects on less cinematic memories that took just as much strength to overcome, such as Fox's struggles with post-traumatic stress disorder (PTSD) on returning home.

Fox's experience as a special forces soldier informed his becoming a star of the small screen in such shows as *SAS: Who Dares Wins*, *The Final Mission: Foxy's War* and *Inside The Real Narcos*. He's also the author of the number one bestseller, *Battle Scars*. This is his first time bringing his story to the stage, chronicling a life filled with daring exploits and thrilling, life-threatening adventures, but also candid honesty about mental health. It is this combination of drama and vulnerability that audiences find most engaging.

Civilian life has not slowed or quelled Fox's fire to challenge himself, and this is an incredibly accessible account of what has been a long, difficult road to recovery. His retelling and behind the scenes anecdotes promise to be inspiring, entertaining, funny and moving in equal measure.

Jason Fox - Life At The Limit is being performed at the Assembly Hall on Sunday 27 February 2022, at 7:30pm. Tickets are available from £30. For more information on this or any of the events, visit www.wtam.uk or call the WTM Box Office on 01903 206 206.

<ENDS>



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

Connaught Theatre | Union Place | Worthing | W.Sx BN11 1LG

Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

NOTES TO EDITORS

WTM

Twitter: Facebook, Instagram: @wtmworthing

Website: wtam.uk

Box Office Phone: 01903 206 206

Jason Fox

Twitter, Instagram: @jason_carl_fox, Facebook: @JasonFox

Website: nothird.co.uk/live-shows/jason-fox

EVENT LISTING

Jason Fox - Life At The Limit

Date: Sunday 27 February 2022

Time: 7:30pm

Venue: Assembly Hall, Stoke Abbott Rd, Worthing BN11 1HQ

Tickets: From £30

Link: wtm.uk/events/jason-fox-life-at-the-limit

For press enquiries please contact:

Kathryn Follis: Marketing Coordinator for WTM

E: kathryn.follis@wtam.uk

Lynda McIntyre: No Third Entertainments

E: lynda@nothird.co.uk

IMAGE DOWNLOADS

[WTM Venues](#)

[Jason Fox - Life At The Limit](#)
