



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

Connaught Theatre | Union Place | Worthing | W.Sx BN11 1LG

Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

07/10/21

Press Release – for immediate release

A solo circus-theatre work celebrating the ways we can feel powerful, even in an uncertain world. POWER comes to Worthing this November.

Charmaine Childs is a circus strong lady and a self-producing theatre maker, who has spent the last 20 years touring international outdoor arts festivals and performing feats-of-strength. This show sees her turn the focus onto her audience, asking what makes them feel powerful, and what even is the meaning of strength? Watch her wrestle with this question with a signature mix of muscle, comedy and elegance, on Wednesday 10 November 2021, 7:30pm.

POWER was born from recorded interviews with real people, discussing their experiences of feeling strong. Working with composer Matt Eaton, their stories are the heart of the work and are woven throughout the show with a mix of verbal storytelling, recorded voiceover and physical expression in the tradition of circus performance. These intersect with Child's experiences of being a strong lady, which she illustrates through storytelling and movement in both comedic and touching ways.

At the core of the work is Child's own perception of power. She began approaching the subject of her first solo show striving to feel invincible and in control, but soon realised that there is power in accepting the uncertainty and messiness of everyday life. She wants to celebrate the strength in finding energy in places where we wobble; trading invincibility for resilience. She wants the audience to leave feeling activated and hopeful, and to consider how mighty they can be in seemingly weak moments.

This is an optimistic piece of physical circus performance, a style which can be found across all of Child's work with her company, Strong Lady Productions. Her previous show, STRONG LADY, demonstrated feats of strength such as lifting men from the audience, while offering a bold image of female strength. She has also collaborated with the likes of Complicite, Ockham's Razor & Spy Monkey, and facilitates creative engagement projects within communities.

On speaking to audiences in new show POWER, Childs said '*Everyone's first response was that they 'wouldn't have a story like that...' but with a little exploration, everyone had an incredible story to tell. People are amazing*'.

POWER is being performed at the Connaught Theatre on Wednesday 10 November, 7:30pm. Tickets are available from £13.50. For more information on



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this or any of the events, visit www.wtam.uk or call the WTM Box Office on 01903 206 206.

'There are very few projects of this integrity and clarity being made in contemporary circus' - Charlotte Mooney, Ockham's Razor

'A very accomplished and thought-provoking piece of theatre - with enough humour and physicality to keep people engaged and interested throughout' - Steve Cowton, Head of Production at The Lowry

'The show Charmaine has created is absolutely stunning – it is moving, funny, beautifully staged, and the audience response was absolutely incredible' - Henry Filloux-Bennett, Artistic Director at The Lawrence Batley

'Multi-layered, clever and politically nuanced' - Angus MacKechnie, Outdoor Arts UK

<ENDS>

NOTES TO EDITORS

WTM

Twitter, Facebook, Instagram: @wtmworthing

Website: wtam.uk

Box Office Phone: 01903 206 206

Strong Lady Productions

Twitter: @StrongLadyShows, Facebook, Instagram: @StrongLadyProductions

Website: strongladyproductions.com/

Trailer: vimeo.com/503852493

The Making of the Show: wtam.uk/the-making-of-power/

EVENT LISTING

POWER

Date: Wednesday 10 November 2021

Time: 7:30pm

Venue: Connaught Studio, Union Pl, Worthing BN11 1LG

Tickets: From £13.50

Link: wtam.uk/events/power/



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IMAGE DOWNLOADS

[WTM Venues](#)

[POWER](#)
