



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

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Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

06/01/22

Press Release – for immediate release

TV presenter, author and Bushcraft expert Ray Mears is in Worthing to celebrate our shared green spaces, and to teach us how to appreciate the great wilderness in his new, environmentally-focused talk.

We need the wilderness as much as the wilderness needs us, and just recently we have learnt to value it more than ever. In this fascinating and educational show, Mears will be demonstrating techniques that will help us improve our senses, and highlight the problems nature faces today. It is time to cease being frustrated and act, so join the fight for Mother Nature at the Assembly Hall on Thursday 17 March 2022, at 7:30pm.

Survival is only one chapter of the Bushcraft story; it's the introduction of a vast encyclopedia of knowledge which is constantly being updated, and Mears is equipped to take us on that journey of discovery. He sees Bushcraft as an empowering skill set that re-acquaints humans with nature and their roots, and provides an escape from an overwhelmingly screen-led modern lifestyle. It's all about being resourceful, so while Mears is teaching us specific wilderness skills, these can apply to all areas of our lives. It's a chance to build confidence, challenge your beliefs of the world around you, and embrace '*the art of the possible*'.

Mears is a Southern lad hailing from the North Downs, and this is where he discovered the glorious possibilities of the great outdoors. He couldn't afford camping equipment at the time, so instead chose a *Robinson Crusoe* approach to solving the problem and learnt to navigate the landscape with skills he still uses today, many of which hadn't been used on the North Downs for perhaps as long as ten thousand years.

Since those early days, Mears has travelled all over the world, conversing in the universal language of Bushcraft. He has developed his knowledge under the tutelage of many of the Earth's first Nations, with whom he has forged lasting friendships and been privileged enough to accompany while hunting, tracking, and searching for wild plants or food and medicine.

Audiences will know Mears from his extensive TV work as a presenter on *Ray Mears' Bushcraft*, *Ray Mears' World of Survival*, *Extreme Survival* and *Ray Mears Goes Walkabout*. These have made him a household name and a reliable source of wilderness expertise, something he has chosen to share through his writing and his founding of Woodlore, The School of Wilderness Bushcraft. As Mears puts it, he founded the school over 35 years ago to '*enable others to drink at the well of Bushcraft*'.



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This live talk supports the release of Mears' book, *We Are Nature* which takes us on his journey through the natural world; into the British countryside and across continents. The talk will share the same ethos of enhancing our experience of nature, and understanding our place within it with a thoroughly educational focus.

Ray Mears - We Are Nature is being performed at the Assembly Hall on Thursday 17 March 2022, at 7:30pm. Tickets are available from £19 with special rates for schools and youth groups. For more information on this or any of the events, visit www.wtam.uk or call the WTM Box Office on 01903 206 206.

<ENDS>

NOTES TO EDITORS

WTM

Twitter, Facebook, Instagram:

Website: wtam.uk

Box Office Phone: 01903 206 206

Ray Mears

Twitter: @Ray_Mears, Instagram: @raymears_woodlore, Facebook:

@raymearswoodlore

Website: raymears.com

EVENT LISTING

Ray Mears - We Are Nature

Date: Thursday 17 March 2022

Time: 7:30pm

Venue: Assembly Hall, Stoke Abbott Rd, Worthing BN11 1HQ

Tickets: From £19 (Special rates applied for schools and youth groups)

Link: wtm.uk/events/ray-mears-we-are-nature

For press enquiries please contact:

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IMAGE DOWNLOADS

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