



worthing theatres and museum

PRESS RELEASE

For further information please contact:

Kathryn Follis

Marketing Coordinator

Connaught Theatre | Union Place | Worthing | W.Sx BN11 1LG

Press Direct Line: (01903) 231227 | Box Office: (01903) 206206

09/05/22

Press Release – for immediate release

Join *Gardeners' World* presenter Adam Frost as he shares tales from a lifetime in the garden!

Adam Frost is best known for his successes at the Royal Horticultural Society (RHS) Chelsea Flower Show, boasting an impressive collection of seven gold medals.

An Evening with Adam Frost promises to enlighten the audience with an abundance of advice and amusing stories from his lifetime in the garden. He will explore how his love for the outdoors began from a young age, when he helped his grandparents with their allotment. His fascination with plants and wildlife has continued to grow ever since.

Join Adam as he documents his rollercoaster ride from working with Geoff Hamilton at Barnsdale Gardens to going solo in 1996, when he began designing his award-winning show gardens. He will also explain why he is passionate about inspiring adults and children alike to begin their own horticultural journeys.

Enlightening and engaging, this event promises to leave you eager to head home and get your gardening gloves on.

An Evening with Adam Frost will be held at the Pavilion Theatre on Thursday 29 September 2022 at 7:30pm. Tickets are available from **£28.50**. For more information or to book visit wtm.uk or call the WTM Box Office on 01903 206 206.

<ENDS>

NOTES TO EDITORS

WTM

Twitter, Facebook, Instagram: @wtmworthing

Website: www.wtm.uk/

Box Office Phone: 01903 206 206

Adam Frost

Website: <https://adamfrost.co.uk/>

Instagram: @adamfrostdesign

Twitter: @adamfrostdesign



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EVENT LISTING

Show

Date: Thursday 29 September 2022

Time: 7:30 pm

Venue: Pavilion Theatre

Price: From £28.50

Age guidance: 14+

Link: <https://wtm.uk/events/an-evening-with-adam-frost/>

For press enquiries please contact:

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IMAGE DOWNLOADS

[WTM Venues](#)

[An Evening with Adam Frost](#)
